

19th Annual Jock's Nitch/PSU Gorilla Relays

Friday, April 11, 2008

Schedule of Events

FIELD EVENTS

3:00	Long Jump	(Girls, followed by Boys)	[Northeast Pit]
3:00	Triple Jump	(Boys, followed by Girls)	[Northwest Pit]
3:00	Discus	(Boys, followed by Girls)	[East of Weede Gym]
3:00	Shot Put	(Girls, followed by Boys)	[East of Weede Gym]
3:00	Javelin	(Girls and Boys combined)	[East of Weede Gym]
3:00	High Jump	(Boys, followed by Girls)	
3:00	Pole Vault	(Girls, followed by Boys)	

RUNNING EVENTS

3:30	4 x 800m Relay	Final	Girls, Boys
4:00	100m Hurdles	Final	Girls
4:10	110m Hurdles	Final	Boys
4:20	100m Dash	Final	Girls, Boys
4:50	1600m Run	Final	Girls, Boys
5:20	4 x 100m Relay	Final	Girls, Boys
5:40	400m Dash	Final	Girls, Boys
6:20	300m Hurdles	Final	Girls, Boys
6:50	200m Dash	Final	Girls, Boys
7:20	800m Run	Final	Girls, Boys
7:40	4 x 200m Relay	Final	Girls, Boys
8:05	3200m Run	Final	Girls, Boys
8:40	4 x 400m Relay	Final	Girls, Boys

- This is an approximate time schedule. We may get ahead of schedule on running events.
- RUNNING EVENT ATHLETES: check in to the bullpen area on the infield **at least 15 minutes prior** to the start of your event.
- FIELD EVENT ATHLETES: check in to the head official **at least 15 minutes prior** to the start of your event.
- There will be prelims and finals in Long Jump, Triple Jump, Shot Put, Discus, and Javelin.