

# Pittsburg State University

## 2005 Women's Outdoor Track and Field Individual Performances

### SHAMEKIA BERKLEY

**Sophomore**

**Waco, Texas/Waco HS**

Meet	100 m	200 m
<i>Personal Best</i>	11.88 ('05)	24.35 ('05)
3/26 - PSU Invite	12.17 (1)	
4/2 - MSSU Festival	12.17 (1)	24.50-pre/25.31 (1)
4/9 - FHSU Dual	12.10 (1)	24.98 (1)
4/16 - ESU Challenge	DNS	24.92 (2)
4/23 - McDonnell Inv.	12.07-pre/12.03 (2)	
4/30 - MSSU Invite		24.58 (3)
5/8-9 - MIAA Champs	11.88-pre/11.93 (2)	24.35-pre/24.49 (2)
5/26-28 - NCAA-II Champs	12.06	24.37

### LINDSEY CARTER

**Sophomore**

**Altamont, Kan./Labette County HS**

Meet	Triple Jump	Long Jump
<i>Personal Best</i>	38-04.25 ('04)	17-07.50 ('04)
3/17 - PSU Open	34-09.50 (4)	

### JESSICA CASLEY

**Junior**

**Frontenac, Kan./Frontenac HS**

Meet	Pole Vault
<i>Personal Best</i>	10-03.25 ('04)
3/17 - PSU Open	9-10.00 (T5)
3/26 - PSU Invite	9-08.00 (7)
4/2 - MSSU Festival	9-02.25 (T8)
4/9 - FHSU Dual	9-08.00 (T7)
4/30 - MSSU Invite	10-00.50 (12)
5/8-9 - MIAA Champs	NH

### MEGAN COX

**Sophomore**

**Wichita, Kan./Maize HS**

Meet	3,000 m	Steeple	5,000 m	1,500 m
<i>Personal Best</i>	11:34.18 ('04)	12:13.69 ('03)	19:14.88 ('03)	5:21.40 ('04)
4/9 - FHSU Dual	12:09.47 (4)			
4/30 - MSSU Invite	12:11.93 (13)			
5/8-9 - MIAA Champs		13:03.01 (9)		

### LISA DOUGLASS

**Junior**

**Wichita, Kan./Maize HS**

Meet	100 m	Pole Vault	Long Jump
<i>Personal Best</i>	13.39 ('03)	12-00.50 ('05)	17-08.75 ('03)
3/17 - PSU Open		11-03.75 (2)	15-05.00 (6)
3/26 - PSU Invite		NH	
4/2 - MSSU Festival		11-09.75 (T1) *	
4/16 - ESU Challenge		10-11.75 (T3)	
4/23 - McDonnell Inv.		11-01.75 (5)	
4/30 - MSSU Invite		11-06.25 (T3)	
5/8-9 - MIAA Champs		11-04.50 (4)	
5/12 - MSSU Lst Chnc		10-11.75 (4)	
5/14 - ESU Twilight		12-00.50 (2)	
5/26-28 - NCAA-II Champs		11-08.00 (9)	

### JENNY DURKIN

**Sophomore**

**Eudora, Kan./Eudora HS**

Meet	High Jump
<i>Personal Best</i>	5-01.75 ('05)
3/17 - PSU Open	5-01.75 (2)
3/26 - PSU Invite	4-10.50 (8)
4/2 - MSSU Festival	4-09.75 (4)
4/9 - FHSU Dual	5-00.50 (4)
4/16 - ESU Challenge	4-10.25 (T21)
5/8-9 - MIAA Champs	5-01.25 (T9)

**LUCINDA FORTNEY Freshman**

Meet	1,500 m	3,000 m
<i>Personal Best</i>	4:55.15 ('05)	10:50.70 ('05)
4/2 - MSSU Festival		11:04.76 (8)
4/9 - FHSU Dual	5:06.41 (4)	
4/16 - ESU Challenge	DNS	10:50.70 (6)
4/23 - McDonnell Inv.	5:05.99	
4/30 - MSSU Invite	5:05.58 (6)	
5/8-9 - MIAA Champs	4:55.15 (7)	

**El Dorado Springs, Kan./El Dorado Springs HS****KELLY GALE**

Meet	Pole Vault
<i>Personal Best</i>	10-06.25 ('05)
4/2 - MSSU Festival	9-02.25 (T8)
4/9 - FHSU Dual	10-02.00 (T5)
4/30 - MSSU Invite	10-06.25 (T6)
5/8-9 - MIAA Champs	9-10.75 (8)

**Freshman****Tulsa, Okla./Berryhill HS****JAMIE HOBICK**

Meet	100m Hurdles	400m Hurdles
<i>Personal Best</i>	16.11 ('05)	1:05.48 ('05)
3/17 - PSU Open		1:09.45 (3)
3/26 - PSU Invite		1:11.02 (3)
4/2 - MSSU Festival		1:07.72 (4)
4/9 - FHSU Dual	16.11 (3)	1:06.19 (2)
4/16 - ESU Challenge	16.68 (16)	1:05.48 (9)
4/23 - McDonnell Inv.		1:07.52 (7)
4/30 - MSSU Invite	16.12 (4)	1:05.29 (3)
5/8-9 - MIAA Champs	16.29 (10)	1:07.52 (9)

**Freshman****Drexel, Mo./Drexel HS****STACEY HOTTMAN**

Meet	100 m	200 m
<i>Personal Best</i>	12.80 ('04)	26.71 ('05)
3/17 - PSU Open	13.26 (5)	
3/26 - PSU Invite	13.33 (10)	
4/2 - MSSU Festival	13.06 (6)	27.20 (9)
4/23 - UMR Invitational	12.83 (3)	27.24 (3)
4/30 - MSSU Invite	12.91 (8)	26.71 (10)
5/8-9 - MIAA Champs	12.88 (13)	

**Junior****Parsons, Kan./Parsons HS****COURTNEY HOWARD**

Meet	Shot Put	Discus	Hammer
<i>Personal Best</i>	39-05.00 ('05)	122-07 ('05)	138-06 ('05)
3/17 - PSU Open	35-00.00 (6)	122-07 (7)	138-06 (6)
3/26 - PSU Invite	32-02.75 (7)	116-04 (6)	135-04 (4)
4/2 - MSSU Festival	39-05.00 (3)	114-11 (7)	127-09 (6)
4/9 - FHSU Dual	33-10.25 (6)	112-11 (4)	121-08 (4)
4/16 - ESU Challenge	FOUL	117-09 (21)	ND
4/23 - UMR Invitational	35-06.50 (5)	113-01 (6)	121-08 (5)
4/30 - MSSU Invite	37-11.25 (6)	118-07 (8)	118-09 (10)
5/8-9 - MIAA Champs	37-09.50 (10)	113-09 (13)	

**Sophomore****Garden Plain, Kan./Garden Plain HS****JULIE JONES**

Meet	1,500 m	3,000 m	5,000 m	Steeplechase
<i>Personal Best</i>	5:09.59 ('05)	10:49.80 ('05)	19:01.92 ('05)	12:02.88 ('05)
3/17 - PSU Open		10:49.80 (2)		
4/2 - MSSU Festival			19:15.23 (3)	
4/9 - FHSU Dual	5:09.59 (5)	11:20.93 (1)		
4/16 - ESU Challenge			19:01.92 (5)	
4/23 - UMR Invitational				12:02.88 (1)
5/8-9 - MIAA Champs			19:23.77 (11)	12:06.81 (3)

**Freshman****Girard, Kan./Girard HS**

**KRISTIE JULIAN**

Meet	Pole Vault	Triple Jump
<i>Personal Best</i>	12-04.50 ('05)	35-01.75 ('04)
3/17 - PSU Open	11-03.75 (2)	
3/26 - PSU Invite	10-08.00 (T1)	
4/2 - MSSU Festival	11-05.75 (3)	
4/9 - FHSU Dual	11-01.75 (2)	31-06.50 (5)
4/16 - ESU Challenge	11-05.75 (2)	
4/23 - McDonnell Inv.	10-08.00 (7)	
4/30 - MSSU Invite	12-00.00 (1) *	
5/8-9 - MIAA Champs	12-04.50 (2) ***	
5/12 - MSSU Lst Chnc	12-03.50 (2)	
5/14 - ESU Twilight	12-00.50 (1)	
5/26-28 - NCAA-II Champs	11-08.00 (11)	

**Pittsburg, Kan./Pittsburg HS****JENNIFER KUCHENBECKER**

Meet	100 m	200 m	400 m
<i>Personal Best</i>	12.51 ('03)	24.63 ('05)	56.06 ('05)
3/17 - PSU Open		24.98 (1)	
3/26 - PSU Invite			58.95 (1)
4/9 - FHSU Dual			59.02 (1)
4/16 - ESU Challenge		SCR	58.04 (5)
4/23 - McDonnell Inv.			57.63 (5)
4/30 - MSSU Invite		24.63 (4)	
5/8-9 - MIAA Champs		24.98 (7)	56.66-pre/56.06 (1) *
5/14 - ESU Twilight			57.37 (4)
5/26-28 - NCAA-II Champs			57.26

**Arkansas City, Kan./Johnson County CC****VENESSA LEE**

Meet	800 m	1,500 m
<i>Personal Best</i>	2:14.40 ('05)	4:38.35 ('05)
3/17 - PSU Open	2:15.20 (1)	4:50.47 (2)
3/26 - PSU Invite		4:46.36 (1)
4/2 - MSSU Festival	2:15.29 (1)	
4/16 - ESU Challenge	2:23.17 (13)	4:50.96 (6)
4/23 - McDonnell Inv.	2:15.82 (6)	
4/30 - MSSU Invite	2:15.20 (3)	
5/8-9 - MIAA Champs	2:19.20-pre/2:14.40 (1) *	4:38.35 (3)
5/14 - ESU Twilight	2:13.94 (2)	
5/26-28 - NCAA-II Champs		4:41.03-pre/4:51.90 (12)

**Cleveland, Mo./Cass-Midway HS****CHELSEY LEONARD**

Meet	Long Jump	Triple Jump	100 m	100 m H	200 m
<i>Personal Best</i>	19-02.00 ('03)	38-00.75 ('04)	12.78 ('04)	14.22 ('05)	26.21 ('04)
3/26 - PSU Invite	18-02.50 (1)			15.13 (2)	
4/2 - MSSU Festival	18-09.25 (1) *	37-04.50 (2)		15.18 (1)	26.21-pre/27.44 (6)
4/9 - FHSU Dual	17-07.50 (1)	36-08.50 (1)		14.97 (1)	26.91 (5)
4/16 - ESU Challenge	18-03.25 (5)	36-11.50 (4)		15.00-pre/15.17 (6)	
4/23 - McDonnell Inv.	18-07.75 (4)	35-04.50 (8)		15.00-pre/15.34 (7)	
4/30 - MSSU Invite	19-01.50 (2) *			14.90 (1)	
5/8-9 - MIAA Champs	19-00.00 (2) *	36-11.00 (6)		14.90-pre/14.22 (1)	
5/12 - MSSU Lst Chnc	18-01.75 (3)		14.87 (4)		
5/26-28 - NCAA-II Champs	18-04.25 (10)			14.74	

**Miami, Okla./Miami HS**

**KILEY LUND**

Meet	High Jump
<i>Personal Best</i>	5-05.75 ('05)
3/17 - PSU Open	5-03.75 (1)
3/26 - PSU Invite	5-00.50 (4)
4/2 - MSSU Festival	5-01.75 (1)
4/9 - FHSU Dual	5-02.50 (3)
4/16 - ESU Challenge	5-02.75 (T10)
4/23 - UMR Invitational	5-02.50 (4)
5/8-9 - MIAA Champs	5-05.75 (5)
5/14 - ESU Twilight	5-03.75 (6)

**Freshman****Buhler, Kan./Buhler HS****MELISSA McCOY**

Meet	Shot Put
<i>Personal Best</i>	41-08.75 ('04)
5/8-9 - MIAA Champs	FOUL
MSSU Lst Chnc	
5/14 - ESU Twilight	

**Sophomore**

Discus	Hammer
148-05 ('04)	138-10 ('04)
130-04 (9)	
138-10 (5)	
107-08 (16)	

**Cherryvale, Kan./Cherryvale HS****STEPHANIE MILLER**

Meet	Pole Vault
<i>Personal Best</i>	10-02.00 ('05)
3/17 - PSU Open	9-10.00 (T5)
3/26 - PSU Invite	10-02.00 (3)

**Freshman****Pierce City, Mo./Pierce City HS****MEGAN NELSON**

Meet	3,000 m	5,000 m	10,000 m
<i>Personal Best</i>	10:32.60 ('05)	17:56.43 ('03)	37:05.85 ('03)
3/17 - PSU Open	10:32.60 (1)		
4/2 - MSSU Festival		18:40.44 (1)	
4/16 - ESU Challenge		18:21.42 (1)	
5/8-9 - MIAA Champs		18:36.49 (5)	39:41.23 (4)

**Senior****Baldwin City, Kan./Baldwin HS****RACHEL NEUFELDT**

Meet	Discus
<i>Personal Best</i>	133-03 ('05)
3/17 - PSU Open	133-03 (2)
3/26 - PSU Invite	123-09 (2)
4/2 - MSSU Festival	121-03 (4)
4/9 - FHSU Dual	125-06 (3)
4/16 - ESU Challenge	120-07 (19)
4/23 - UMR Invitational	117-05 (4)
4/30 - MSSU Invite	122-05 (7)
5/8-9 - MIAA Champs	120-11 (11)

**Freshman****Buhler, Kan./Buhler HS****ERICA OGLE**

Meet	800 m	1,500 m	Steeplechase	3,000 m	5,000 m
<i>Personal Best</i>	2:29.84 ('05)	5:01.55 ('05)	11:31.22 ('05)	10:35.69 ('05)	18:47.81 ('05)
3/17 - PSU Open			11:45.30 (2)		
3/26 - PSU Invite		5:01.55 (3)			
4/2 - MSSU Festival					18:47.81 (2)
4/9 - FHSU Dual	2:29.84 (3)	5:02.26 (1)			
4/16 - ESU Challenge			11:31.22 (4)		
4/23 - McDonnell Inv.				10:35.69 (9)	
5/8-9 - MIAA Champs			11:44.52 (2)	10:46.66 (6)	
5/14 - ESU Twilight				11:28.33 (1)	

**Freshman****Baldwin City, Kan./Baldwin HS**

**STEPHANIE ROHNER-KARLESKINT****Junior****Girard, Kan./Girard HS**

Meet	3,000 m	5,000 m	10,000 m
<i>Personal Best</i>	11:34.23 ('03)	19:16.95 ('03)	39:37.24 ('04)
4/16 - ESU Challenge		DNS	
4/23 - UMR Invitational		19:40.82 (6)	
5/8-9 - MIAA Champs			40:46.53 (8)

**KATRINA SCHAPELER****Freshman****Rich Hill, Mo./Rich Hill HS**

Meet	Pole Vault
<i>Personal Best</i>	10-06.25 ('05)
3/17 - PSU Open	10-04.00 (4)
3/26 - PSU Invite	9-02.25 (8)
4/2 - MSSU Festival	9-08.00 (6)
4/9 - FHSU Dual	10-02.00 (T5)
4/16 - ESU Challenge	10-00.00 (T10)
4/23 - UMR Invitational	10-02.00 (T1)
4/30 - MSSU Invite	10-06.25 (T6)
5/8-9 - MIAA Champs	10-04.75 (6)
5/12 - MSSU Lst Chnc	10.06.00 (5)

**SHELLY SEIDER****Freshman****Rich Hill, Mo./Rich Hill HS**

Meet	100 m	400 m	High Jump	Javelin	Heptathlon	Long Jump
<i>Personal Best</i>	25.45 ('05)	57.39 ('05)	4-6.00 ('05)	101-10 ('05)	3,378 ('05)	16-10.50 ('05)
3/17 - PSU Open	25.45 (2)		4-6.00 (7)	81-02 (7)		
3/26 - MSSU Hep/Dec					3,378 pts (11)	
4/2 - MSSU Festival		57.39 (1)				16-10.50 (4)
4/30 - MSSU Invite		59.42 (4)		99-00 (4)		
5/8-9 - MIAA Champs		58.07-pre/58.31 (5)		101-10 (10)		

**JESSICA SHAY****Junior****Paola, Kan./Paola HS**

Meet	100 m	200 m	Long Jump
<i>Personal Best</i>	12.51 ('05)	25.78 ('03)	17-00.00 ('03)
3/26 - PSU Invite	13.09 (8)		
4/2 - MSSU Festival	12.87 (3)	26.28-pre/27.32 (5)	
4/9 - FHSU Dual	12.64 (2)	26.52 (3)	
4/16 - ESU Challenge	12.77 (18)	26.85 (25)	
4/23 - McDonnell Inv.	12.51-pre/12.72 (6)		26.25 (4)
4/30 - MSSU Invite	12.71 (6)	26.40 (9)	
5/8-9 - MIAA Champs	12.53 (11)		

**LEAH SHIREMAN****Senior****Girard, Kan./Johnson County CC**

Meet	Javelin	Hammer	100 m H	Heptathlon	High Jump	Long Jump
<i>Personal Best</i>	155-11 ('05)	149-06.00 ('04)	16.48 ('05)	4,141 pts ('04)	4-09.00 ('04)	15-03.05 ('04)
3/17 - PSU Open	149-03 (1) *		17.35 (6)		4-07.75 (5)	
3/26 - MSSU Hep/Dec				3,799 pts (9)		
4/2 - MSSU Festival	137-06 (1) *		17.29 (6)			14-07.25 (10)
4/9 - FHSU Dual	139-07 (1) *		16.48 (4)			14-05.00 (5)
4/16 - ESU Challenge	155-11 (1) **					
4/23 - McDonnell Inv.	143-09 (1) *	138-04 (7)				
5/8-9 - MIAA Champs	150-01 (1) *	135-09 (13)		3,930 pts (4)		
5/14 - ESU Twilight	139-06 (1)					

**BRITTANY STREIFF****Freshman****Liberal, Kan./Liberal HS**

Meet	3,000 m	5,000 m	10,000 m
<i>Personal Best</i>	11:37.77 ('05)	19:59.01 ('05)	44:34.93 ('05)
4/2 - MSSU Festival		20:49.52 (5)	
4/9 - FHSU Dual	11:37.77 (2)		
4/23 - UMR Invitational		19:59.01 (10)	
5/8-9 - MIAA Champs			44:34.93 (11)

**JENNIE TERFLINGER****Senior****Shawnee, Kan./Emporia State Univ.**

Meet	Pole Vault
<i>Personal Best</i>	12-07.50 ('05)
3/17 - PSU Open	11-09.75 (1) *
3/26 - PSU Invite	10-08.00 (T1)
4/2 - MSSU Festival	11-09.75 (T1) *
4/9 - FHSU Dual	12-01.25 (1) *
4/16 - ESU Challenge	10-11.75 (T3)
4/23 - McDonnell Inv.	12-01.50 (4) *
4/30 - MSSU Invite	11-06.25 (3)
5/8-9 - MIAA Champs	12-04.50 (1) ***
5/12 - MSSU Lst Chnc	12-07.50 (1)
5/26-28 - NCAA-II Champs	12-02.00 (7)

**AUDRA TOPE****Freshman****Arkansas City, Kan./Arkansas City HS**

Meet	Javelin
<i>Personal Best</i>	130-01 ('05)
3/17 - PSU Open	130-01 (2)
3/26 - PSU Invite	116-00 (4)
4/2 - MSSU Festival	116-06 (2)
4/9 - FHSU Dual	115-03 (4)
4/16 - ESU Challenge	115-06 (11)
4/23 - UMR Invitational	110-02 (1)
4/30 - MSSU Invite	110-06 (3)
5/8-9 - MIAA Champs	122-04 (6)

**AMY VanGUNDY****Sophomore****Americus, Kan./Northern Heights HS**

Meet	400 m	800 m
<i>Personal Best</i>	1:06.15 ('04)	2:25.32 ('04)
3/17 - PSU Open		2:29.61 (5)
3/26 - PSU Invite		2:28.75 (3)
4/2 - MSSU Festival		2:28.10 (5)
4/9 - FHSU Dual		2:29.69 (2)
4/16 - ESU Challenge		2:25.42 (20)
4/23 - UMR Invitational		2:25.52 (7)
5/8-9 - MIAA Champs		2:26.25 (12)

**TRACI WERNER****Sophomore****Nevada, Mo./Nevada HS**

Meet	Shot Put	Discus	Hammer
<i>Personal Best</i>	43-06.00 ('05)	142-10 ('05)	169-08 ('05)
3/17 - PSU Open	39-01.00 (3)	129-11 (3)	153-06 (2)
3/26 - PSU Invite	40-09.00 (1)	120-09 (3)	151-09 (2)
4/2 - MSSU Festival	Foul	118-06 (6)	151-04
4/9 - FHSU Dual	43-05.00 (2)	104-11 (5)	156-08 (2)
4/16 - ESU Challenge	41-11.50 (9)	ND	155-03 (5)
4/23 - McDonnell Inv.	39-03.25 (7)	116-04 (8)	159-04 (4)
4/30 - MSSU Invite	43-06.00 (3) *	134-02 (4)	169-01 (4) *
5/8-9 - MIAA Champs	42-06.25 (4)	142-10 (5)	157-06 (6)
5/12 - MSSU Lst Chnc		138-11 (3)	162-02 (3)
5/14 - ESU Twilight		125-11 (11)	169-08 (2)
5/26-28 - NCAA-II Champs			152-02 (17)

**4X100 Relay**

3/17 - PSU Open	49.37 (1)
3/26 - PSU Invite	48.63 (1)
4/2 - MSSU Festival	47.39 (1)
4/9 - FHSU Dual	51.67 (2)
4/16 - ESU Challenge	47.68 (2)
4/23 - McDonnell Inv.	47.99 (3)
4/30 - MSSU Invite	47.62 (2)
5/8-9 - MIAA Champs	46.78 (1) *
5/14 - ESU Twilight	47.67 (2)

Seider, Leonard, Kuchenbecker, Berkley

Shay, Seider, Kuchenbecker, Berkley

## 4X400 Relay

3/17 - PSU Open	4:09.70 (1)	
3/26 - PSU Invite	4:11.45 (2)	
4/2 - MSSU Festival	3:54.59 (1)	Seider (59.0), Lee (58.9), Berkley (60.6), Kuchenbecker (55.8)
4/9 - FHSU Dual	4:05.26 (2)	
4/16 - ESU Challenge	DNS	
4/23 - McDonnell Inv.	4:00.21 (3)	
4/30 - MSSU Invite	4:02.37 (2)	
5/8-9 - MIAA Champs	3:55.40 (3)	Lee, Seider, Hobick, Kuchenbecker

## TEAM

3/17 - PSU Open	No team scores kept
3/26 - PSU Invite	153 pts - 1st/8 teams
4/2 - MSSU Festival	No team scores kept
4/9 - FHSU Dual	Pitt State 95, Fort Hays St. 95
4/16 - ESU Challenge	89 pts - 4th/16 teams
4/23 - UMR Invite	No team scores kept
4/23 - McDonnell Inv.	No team scores kept
4/30 - MSSU Invite	No team scores kept
5/8-9 - MIAA Champs	147 pts - 3rd/8 teams
5/26-28 - NCAA-II Champs	6 pts - T37

\* Provisional Qualifying Mark

\*\* Automatic Qualifying Mark

\*\*\* PSU Record