

Pittsburg State University

2005 Women's Indoor Track and Field Individual Performances

SHAMEKIA BERKLEY

Meet	60 m	Sophomore	200 m	400 m
<i>Personal Best</i>	7.87 ('05)		25.17 ('05)	1:04.54 ('05)
1/15- MSSU Open	8.23-pre/8.14 (3)			1:04.54 (4)
1/21- CMSU Invite	8.01-pre/8.10 (4)		26.31 (3)	
1/28 - KU Invite	8.02 (14)		25.75 (7) *	
2/5 - MSSU Invite	7.94-pre/7.87 (3)		26.04 (2)	
2/10 - Mule Relays	7.98-pre/7.91 (10)		26.25 (9)	
2/26 - MIAA Champs	7.80-pre/7.84 (8)		25.49-pre */25.17 (1) *	

Waco, Texas/Waco HS

Event	Event	Event
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LINDSEY CARTER

Meet	Triple Jump	Sophomore	Long Jump	Event
<i>Personal Best</i>	36-7.0 ('04)		15-3.50 ('05)	
1/15 - MSSU Open	34-11.75 (4)			
2/5 - MSSU Invite	35-4.50 (7)			
2/10 - Mule Relays	33-11.25 (12)		15-3.50 (18)	
2/26 - MIAA Champs	34-4.25 (11)			

Altamont, Kan./Labette County HS

Event	Event	Event
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JESSICA CASLEY

Meet	Pole Vault	Junior	Event	Event
<i>Personal Best</i>	9-6.50 ('04)			
1/15 - MSSU Open	9-6.25 (5)			
1/21 - CMSU Invite	9-6.25 (4)			
2/5 - MSSU Invite	9-5.0 (13)			
2/26 - MIAA Champs	9-4.50 (10)			

Frontenac, Kan./Frontenac HS

Event	Event	Event
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CRYSTAL CASTANEDA

Meet	400 m	Sophomore	600 y	800 m
<i>Personal Best</i>	1:02.94 ('04)		1:30.66 ('04)	2:18.62 ('04)

Larned, Kan./Larned HS

Event	Event	Event
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MEGAN COX

Meet	Mile	Sophomore	3,000 m	Event
<i>Personal Best</i>	5:46.18 ('03)		11:19.99 ('03)	

Wichita, Kan./Maize HS

Event	Event	Event
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LISA DOUGLASS

Meet	Pole Vault	Junior	Long Jump	60 m
<i>Personal Best</i>	11-6.25 ('04)		17-10.25 ('03)	8.43 ('03)
1/15 - MSSU Open	10-6.0 (4)			
1/28 - KU Invite	10-11.75 (T8)			
2/5 - MSSU Invite	11-4.50 (4)		16-11.50 (10)	
2/10 - Mule Relays	10-8.0 (5)			
2/26 - MIAA Champs	10-10.25 (4)		15-6.75 (15)	

Maize, Kan./Maize HS

Event	Event	Event
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JENNY DURKIN

Meet	High Jump	Sophomore	Event	Event
<i>Personal Best</i>	4-11.75 ('04)			
1/15 - MSSU Open	4-9.5 (4)			
1/21 - CMSU Invite	4-9.0 (10)			
1/28 - KU Invite	4-10.25 (20)			
2/5 - MSSU Invite	4-9.75 (9)			
2/10 - Mule Relays	4-9.00 (10)			
2/26 - MIAA Champs	4-11.0 (10)			

Eudora, Kan./Eudora HS

Event	Event	Event
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LUCINDA FORTNEY

Meet	Event
<i>Personal Best</i>	

Freshman

Event	Event
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El Dorado Springs, Mo./El Dorado Springs HS

Event	Event	Event
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KELLY GALE

Meet	Event
<i>Personal Best</i>	

Freshman

Event	Event
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Tulsa, Okla./Berryhill HS

Event	Event	Event
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JAMIE HOBICK

Meet	400 m
<i>Personal Best</i>	
1/28 - KU Invite	1:05.48 ('05)
2/5 - MSSU Invite	1:05.48 (30)
2/26 - MIAA Champs	

Freshman

600 y	Event
<i>Personal Best</i>	
1:33.46 ('05)	
1:35.04 (9)	
1:33.46 (10)	

Drexel, Mo./Drexel HS

Event	Event	Event
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STACEY HOTTMAN

Meet	60 m
<i>Personal Best</i>	
1/15- MSSU Open	8.30 ('04)
1/21- CMSU Invite	8.48-pre
1/28 - KU Invite	8.42-pre
	8.41 (32)

Junior

200 m	400 m
<i>Personal Best</i>	
27.85 ('05)	1:09.9 ('04)
27.85 (10)	
27.93 (32)	

Parsons, Kan./Parsons HS

Event	Event	Event	Event
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COURTNEY HOWARD

Meet	Shot Put
<i>Personal Best</i>	
1/15 - MSSU Open	36-6.75 ('05)
1/21- CMSU Invite	36-2.75 (4)
1/28 - KU Invite	36-6.75 (6)
2/5 - MSSU Invite	36-6.75 (15)
2/10 - Mule Relays	FOUL
2/26 - MIAA Champs	35-10.50 (22)
	33-8.75 (17)

Sophomore

Weight Throw	Event
<i>Personal Best</i>	
47-4.50 ('05)	
44-11.0 (4)	
47-4.50 (4)	
41-9.25 (22)	
42-5.25 (12)	
41-1.75 (18)	
45-11.75 (14)	

Garden Plain, Kan./Garden Plain HS

Event

JULIE JONES

Meet	Mile Run
<i>Personal Best</i>	
1/21 CMSU Invite	5:33.99 ('05)
2/5 - MSSU Invite	5:33.99 (10)
2/10 - Mule Relays	
2/26 - MIAA Champs	

Freshman

3,000 m	5,000 m
<i>Personal Best</i>	
10:42.04 ('05)	18:39.62 ('05)
10:53.43 (2)	
	18:39.62 (5)
10:42.04 (9)	18:40.46 (8)

Girard, Kan./Girard HS

Event	Event	Event
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KRISTIE JULIAN

Meet	Pole Vault
<i>Personal Best</i>	
1/15 - MSSU Open	11-8.50 ('05)
1/28 - KU Invite	11-5.75 (2) *
2/5 - MSSU Invite	11-5.75 (7) *
2/10 - Mule Relays	11-8.50 (3) *
2/26 - MIAA Champs	11-1.75 (4)
	11-6.25 (3) *

Junior

Triple Jump	Event
<i>Personal Best</i>	
35-1.0 ('04)	

Pittsburg, Kan./Pittsburg HS

Event	Event	Event
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STACY KENTZLER

Meet	Mile Run
<i>Personal Best</i>	
1/28 - KU Invite	5:12.10 ('05)
2/5 - MSSU Invite	5:26.31 (3)
2/10 - Mule Relays	
2/26 - MIAA Champs	5:12.10 (2)
	5:16.36 (8)

Freshman

3,000 m	Event
<i>Personal Best</i>	
10:26.57 ('05)	
10:27.22 (1)	
10:26.57 (4)	

Atchison, Kan./Maur Hill-Mt. Academy

Event	Event	Event
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JENNIFER KUCHENBECKER

Meet 60 m
Personal Best 7.75 ('05)
 1/15 - MSSU Open 7.85-pre
 1/21 - CMSU Invite 7.91-pre
 1/28 - KU Invite
 2/5 - MSSU Invite
 2/10 - Mule Relays
 2/26 - MIAA Champs 8.04-pre/7.75-sf/7.79 (5)

Senior

400 m 600 y
 59.45 ('05) 1:25.77 ('04)
 59.45 (1)
 1:30.45 (10)
 59.72 (3)
 59.82 (9)
 1:28.89-pre/1.28.06 (4)

Arkansas City, Kan./Johnson County CC

800 m Event Event Event
 2:29.21 ('04)

VENESSA LEE

Meet 600 y
Personal Best 1:28.40 ('05)
 1/15 - MSSU Open
 1/28 - KU Invite
 2/5 - MSSU Invite
 2/10 - Mule Relays 1:28.40 (3)
 2/26 - MIAA Champs

Freshman

800 m Mile Run
 2:18.20 ('05) 5:14.10 ('05)
 2:20.18 (2) 5:29.83 (3)
 3:02.51 (5)
 5:14.10 (3)
 2:18.20 (2)

Cleveland, Mo./Cass-Midway HS

1,000 m Event Event Event
 3:02.51 ('05)

CHELSEY LEONARD

Meet Long Jump
Personal Best 18-8.50 ('05)
 1/15 - MSSU Open
 1/21 - CMSU Invite 17-7.0 (1)
 1/28 - KU Invite
 2/5 - MSSU Invite 18-8.50 (1) *
 2/10 - Mule Relays 17-6.25 (3)
 2/26 - MIAA Champs 18-2.25 (2)

Junior

Triple Jump 60 m
 37-9.50 ('04) 8.20 ('05)
 36-9.5 (2)
 35-5.25 (2)
 36-0.0 (11)
 8.20 (13)
 33-8.50 (15)
 37-9.25 (2) *

Miami, Okla./Miami HS

60 m H 200 m Event
 9.04 ('04) 27.27 ('04)
 9.31-pre/9.33 (7)
 9.22-pre/9.27 (5)
 9.50-pre/9.28 (2)
 9.04-pre/9.14-sf/9.14 (5)

KILEY LUND

Meet High Jump
Personal Best 5-3.0 (6)
 1/15 - MSSU Open 4-11.5 (3)
 1/21 - CMSU Invite 5-3.0 (6)
 1/28 - KU Invite 5-0.25 (16)
 2/5 - MSSU Invite 5-1.75 (4)
 2/10 - Mule Relays 5-1.0 (5)
 2/26 - MIAA Champs 5-1.0 (8)

Freshman

Event Event

Buhler, Kan./Buhler HS

Event Event Event

MELISSA MCCOY

Meet Shot Put
Personal Best 43-9.75 ('05)
 1/15 - MSSU Open 39-11.25 (2)
 1/21 - CMSU Invite 41-11.50 (2)
 1/28 - KU Invite 42-5.50 (9)
 2/5 - MSSU Invite FOUL
 2/10 - Mule Relays 43-9.75 (4) *
 2/26 - MIAA Champs FOUL

Sophomore

Weight Throw Event
 56-0.00 ('05)
 49-11.25 (2)
 52-2.75 (2) *
 51-6.25 (7)
 56-0.00 (2) *
 51-8.25 (2)
 52-5.25 (5) *

Cherryvale, Kan./Cherryvale

Event Event

STEPHANIE MILLER

Meet Event
Personal Best

Freshman

Event Event

Pierce City, Mo./Pierce City HS

Event Event Event

MEGAN NELSON

Meet 3,000 m
Personal Best 10:41.23 ('04)
 1/28 - KU Invite
 2/26 - MIAA Champs 10:42.39 (10)

Senior

5,000 m Event
 18:13.31 ('03)
 18:29.78 (4)
 18:26.87 (6)

Baldwin City, Kan./Baldwin City HS

Event Event Event

RACHEL NEUFELDT

Meet Event

*Personal Best***Freshman**

Event Event

Buhler, Kan./Buhler HS

Event Event Event

NATALIE NOEMeet 400 m
Personal Best 1:00.43 ('04)**Sophomore**600 y Event
1:28.71 ('04)**St. Paul, Kan./St. Paul HS**

Event Event

ERICA OGLEMeet 3,000 m
Personal Best 10:51.30 ('05)
1/21 - CMSU Invite 11:06.70 (5)
1/28 - KU Invite
2/10 - Mule Relays 10:51.30 (6)
2/26 - MIAA Champs 10:52.95 (13)**Freshman**5,000 m Event
19:02.73 ('05)
19:08.85 (11)
19:02.73 (11)**Baldwin City, Kan./Baldwin HS**

Event Event Event

STACY PECKMeet Long Jump
Personal Best 16-7.25 ('03)**Junior**Triple Jump Event
35-2.5 ('03)**Overland Park, Kan./Blue Valley North HS**

Event Event Event

STEPHANIE ROHNERMeet 3,000 m
Personal Best 11:09.79 ('04)**Junior**5,000 m Event
18:51.45 ('04)**Girard, Kan./Girard HS**

Event Event Event

KATRINA SCHAPELERMeet 600 y
Personal Best 1:41.0 ('05)
1/15 - MSSU Open 1:41.0 (3)
1/28 - KU Invite 1:42.54 (26)
2/5 - MSSU Invite
2/10 - Mule Relays
2/26 - MIAA Champs**Freshman**Pole Vault Event
9-10.75 ('05)
9-6.25 (5)
9-10.75 (7)
9-8.0 (12)
9-10.50 (6)**Rich Hill, Mo./Rich Hill HS**

Event Event Event

SHELLY SEIDERMeet 60 m
Personal Best 8.05 ('05)
1/15 - MSSU Open 8.21-pre/8.11 (2)
1/21- CMSU Invite 8.05-pre/8.12 (5)
1/28 - KU Invite 8.25 (25)
2/5 - MSSU Invite 8.13 (11)
2/10 - Mule Relays 8.16 (19)
2/26 - MIAA Champs 8.08 (13)**Freshman**200 m 400 m
26.54 ('05) 58.68 ('05)
1:02.58 (3)
26.54 (13)
26.57 (6)
58.75-pre/58.68 (4)**Rich Hill, Mo./Rich Hill HS**Long Jump Event Event Event
17-0.75 ('05)
17-0.75 (2)
16-5.0 (5)
16-10.00 (12)
16-5.00 (8)**JESSICA SHAY**Meet 60 m
Personal Best 8.02 ('04)**Junior**200 m 400 m
27.26 ('04) 1:08.49 ('04)**Edgerton, Kan./Paola HS**

Event Event Event

LEAH SHIREMANMeet 60 m H
Personal Best 10.20 ('04)
1/21 - CMSU Invite 10.33-pre
2/5 - MSSU Invite
2/10 - Mule Relays**Senior**60 m 400 m
8.39 ('04) 1:04.89 ('05)
1:04.89 (7)**Girard, Kan./Johnson County CC**Shot Put Long Jump Event
34-2.0 ('04) 16-4.25 ('04)
33-0.50 (10)
29-10.00 (26)
33-9.25 (31)**BRITTANY STREIFF**Meet Event
*Personal Best***Freshman**

Event Event

Liberal, Kan./Liber HS

Event Event Event

JENNIE TERFLINGER

Meet	Pole Vault
<i>Personal Best</i>	12-0.50 ('05)
1/15 - MSSU Open	11-5.75 (1) *
1/28 - KU Invite	11-11.75 (2) *
2/5 - MSSU Invite	12-0.50 (1) ***
2/10 - Mule Relays	11-7.75 (3) *
2/26 - MIAA Champs	11-10.0 (2) *

Junior

Event Event

Shawnee, Kan./Emporia State Univ.

Event Event Event

AUDRA TOPE

Meet	Event
<i>Personal Best</i>	

Freshman

Event Event

Arkansas City, Kan./Arkansas City HS

Event Event Event

AMY VANGUNDY

Meet	600 y
<i>Personal Best</i>	1:34.66 ('05)
1/21 - CMSU Invite	
1/28 - KU Invite	
2/5 - MSSU Invite	1:34.66 (7)
2/10 - Mule Relays	

Sophomore

800 m	1,000 m
2:26.08 ('05)	3:11.89 ('05)
2:27.81 (1)	
	3:11.89 (11)
2:26.08 (10)	

Americus, Kan./Northern Heights HS

Event Event Event

TRACI WERNER

Meet	Shot Put
<i>Personal Best</i>	42-11.75 ('05)
1/15- MSSU Open	39-3.25 (3)
1/21 - CMSU Invite	40-5.50 (3)
1/28 - KU Invite	40-10.50 (11)
2/5 - MSSU Invite	38-4.25 (8)
2/10 - Mule Relays	40-0.75 (9)
2/26 - MIAA Champs	42-11.75 (6)

Sophomore

Weight Throw	Event
53-1.00 ('05)	
52-5.50 (1) *	
52-0.50 (6) *	
54-1.00 (3) *	
51-5.00 (4)	
51-9.25 (6)	

Nevada, Mo./Nevada HS

Event Event Event

4x400 Relay

1/28 - KU Invite	4:04.32 (7)	Seider (60.0), Berkley (61.2), Hobick (62.7), Kuchenbecker (60.6)
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4x440 Relay

1/21 - CMSU Invite	4:16.23 (3)	Seider (61.4), Berkley (62.3), Shireman (65.8), VanGundy (66.4)
2/10 - Mule Relays	4:01.36 (3)	Seider (60.1), Kuchenbecker (59.8), Lee (60.3), Berkley (60.9)
2/26 - MIAA Champs	3:59.84 (4)	Seider, Berkley, Lee, Kuchenbecker

Distance Medley

1/28 - KU Invite	12:52.31 (3)	Lee (1200 - 3:48.1), Schapeler (400 - 66.3), VanGundy (800 - 2:30), Kentzler (1600 - 5:28)
2/26 - MIAA Champs	12:38.75 (3) *	Lee, Kuchenbecker, VanGundy, Kentzler

TEAM RESULTS

1/15 - MSSU Open	No team scores kept
1/21 - CMSU Invite	63 points - 3rd/4 teams
1/28 - KU Invite	No team scores kept
2/5 - MSSU Invite	No team scores kept
2/10 - Mule Relays	No team scores kept
2/26 - MIAA Champs	84 points - T3rd/8 teams

* Provisional Qualifying Mark

** Automatic Qualifying Mark

*** PSU Record