

# Pittsburg State University

## 2004 Women's Indoor Track and Field Individual Performances

### AMY BECKWITH

Meet 3000 m  
 1/24 - Radio Shack Inv. 8.42 (17-pre)  
 2/6 - Mule Relays 11:47.81 (12)

### Junior

5000 m Event  
 21:09.54 (3)

### Fort Scott, Kan./Fort Scott HS

Event Event

### SHAMEKIA BERKLEY

Meet 60 m  
 1/24 - Radio Shack Inv. 8.42 (17-pre)  
 1/31 - Jayhawk Inv. 8.22 (16-pre) 26.71 (12)  
 2/6 - Mule Relays 8.23 (13-pre) 27.00 (12)  
 2/14 - MSSU Open 8.18 (9-pre) 26.29 (4)  
 2/20 - CMSU Classic 8.08 (pre)/8.05 (4)  
 2/2-28- MIAA Champs 8.10-Semi/8.08-pre 25.83 (5)/25.82-pre

### Freshman

200 m Event

### Waco, Texas/Waco HS

Event Event Event

### ERIN BRECHUE

Meet Shot Put  
*Personal Best* 36-7.5-'03  
 1/24 - Radio Shack Inv. 35-2.00 (10)  
 1/31 - Jayhawk Inv. 34-7.50 (17)  
 2/6 - Mule Relays 35-0.25 (16)  
 2/14 - MSSU Open ND  
 2/20 - CMSU Classic 34-11.75 (11)  
 2/27-28 - MIAA Champs 35-10.5 (16)

### Sophomore

Weight Throw Event  
 43-4.5-'03  
 39-8.00 (12)  
 38-11.00 (10)  
 41-5.00 (9)

### Bloomington, Ind./Bloomington No. H.S.

Event Event Event

### LINDSEY CARTER

Meet Triple Jump  
 1/24 - Radio Shack Inv. 35-00.25 (4)  
 1/31 - Jayhawk Inv. 34-8.50 (7)  
 2/6 - Mule Relays 35-10.75 (6)  
 2/14 - MSSU Open 36-7.00 (3)  
 2/20 - CMSU Classic 35-5.25 (2)  
 2/27-28 - MIAA Champs 36-00.75 (4)

### Sophomore

Event Event

### Altamont, Kan./Labette County HS

Event Event Event

### JESSICA CASLEY

Meet Pole Vault  
*Personal Best* 8-8.25-'03  
 1/24 - Radio Shack Inv. 9-6.50 (6)  
 2/14 - MSSU Open 9-2.50 (12)

### Sophomore

Event Event

### Frontenac, Kan./Frontenac HS

Event Event Event

### CRYSTAL CASTANEDA

Meet 400 m  
 1/24 - Radio Shack Inv. 1:02.94 (12)  
 1/31 - Jayhawk Inv. 1:31.84 (5)  
 2/6 - Mule Relays 2:28.05 (8)  
 2/14 - MSSU Open 2:22.88 (4)  
 2/20 - CMSU Classic 1:30.66 (2)  
 2/27-28 - MIAA Champs 2:18.62(5)/2:20.23-pre

### Freshman

600 y 800 m

### Larned, Kan./Larned HS

Event Event Event

### MEGAN COX

Meet Mile  
*Personal Best* 5:46.18-'03

### Sophomore

3,000 m Event  
 11:19.99-'03

### Wichita, Kan./Maize HS

Event Event Event

**VANESSA DOROSARIO**

Meet 200 m  
 1/24 - Radio Shack Inv.  
 2/14 - MSSU Open 29.11 (30)

**Freshman**

400 m Event  
 1:15.07 (27)  
 1:07.61 (15)

**Cape Verde Island/Lycee Cevenol**

Event Event Event

**LISA DOUGLASS**

Meet Pole Vault  
*Personal Best* 10-2-'03  
 1/24 - Radio Shack Inv. 11-0.25 (1)\*  
 1/31 - Jayhawk Inv. 10-8.75 (8)  
 2/6 - Mule Relays 11-6.25 (2)\*  
 2/14 - MSSU Open 11-6.25 (1)\*  
 2/27-28 - MIAA Champs 11-4.25 (3)\*

**Freshman**

Long Jump 60 m  
 17-10.25-'03 8.43-'03  
 16-8.75 (5)  
 17-6.00 (8) 8.44 (25-pre)

**Maize, Kan./Maize HS**

Event Event Event

**JENNY DURKIN**

Meet High Jump  
 1/24 - Radio Shack Inv. 4-11.50 (9)  
 1/31 - Jayhawk Inv. 4-11.0 (10)  
 2/6 - Mule Relays NH  
 2/14 - MSSU Open 4-11.0 (9)  
 2/20 - CMSU Classic 4-11.75 (8)  
 2/27-28 - MIAA Champs 4-11.50 (11)

**Freshman**

Event Event

**Eudora,Kan./Eudora HS**

Event Event Event

**MARTY GARRISON**

Meet Mile  
*Personal Best* 5:25.34-'02

**Senior**

3,000 m Event  
 10:56.7h-'01

**Prairie Village, Kan./SM East HS**

Event Event Event

**STACEY HOTTMAN**

Meet 60 m  
 1/24 - Radio Shack Inv. 8.41 (16-pre)  
 1/31 - Jayhawk Inv. 8.41 (21-pre)  
 2/6 - Mule Relays 8.31 (18-pre)  
 2/14 - MSSU Open 8.30 (17-pre)  
 2/20 - CMSU Classic 8.34 (11-pre)  
 2/27-28 - MIAA Champs 8.32 (15-pre)

**Sophomore**

200 m 400 m  
 27.99 (20)  
 28.25 (26)  
 1:09.90 (21)

**Parsons, Kan./Parsons HS**

Event Event Event Event

**COURTNEY HOWARD**

Meet Shot Put  
 1/24 - Radio Shack Inv. Foul  
 2/6 - Mule Relays  
 2/14 - MSSU Open 35-6.50 (18)  
 2/20 - CMSU Classic 34-4.75 (14)  
 2/27-28 - MIAA Champs

**Freshman**

Weight Throw Event  
 45-11.75 (8)  
 40-2.25 (9)  
 38-9.75 (11)  
 35-11.25 (12)  
 40-00.5 (16)

**Garden Plain, Kan./Garden Plain HS**

Event

**KYLE HUTSEY**

Meet 3,000 m  
*Personal Best* 10:57.1h-'01  
 1/31 - Jayhawk Inv.  
 2/27-28 - MIAA Champs 10:49.22 (10)

**Senior**

5,000 m Event  
 18:29.65-'02  
 18:59.04 (4)  
 18:48.11 (3)

**Pittsburg, Kan./Frontenac HS**

Event Event



**MEGAN NELSON**

Meet 3,000 m  
*Personal Best* 10:42.08-'03  
 1/31 - Jayhawk Inv.  
 2/14 - MSSU Open 10:41.23 (7)  
 2/27-28 - MIAA Champs 10:45.56 (9)

**Junior**

5,000 m Event  
 18:13.31-'03  
 19:30.14 (5)  
 18:31.22 (2)

**Baldwin City, Kan./Baldwin City HS**

Event Event Event

**JENNIE NEMETH**

Meet Pole Vault  
*Personal Best* 11-11.75-'03  
 1/24 - Radio Shack Inv. 10-0.50 (5)  
 1/31 - Jayhawk Inv. 11-2.75 (3) \*  
 2/6 - Mule Relays 11-0.25 (6) \*  
 2/14 - MSSU Open 11-6.25 (3) \*  
 2/20 - CMSU Classic 11-4.50 (3) \*  
 2/27-28 - MIAA Champs 11-8.00 (2)\*

**Junior**

Event Event

**Shawnee, Kan./Emporia State Univ.**

Event Event Event

**NATALIE NOE**

Meet 400 m  
 1/24 - Radio Shack Inv. 1:01.93 (5)  
 1/31 - Jayhawk Inv.  
 2/14 - MSSU Open  
 2/20 - CMSU Classic 1:00.43 (2)  
 2/27-28 - MIAA Champs

**Freshman**

600 y Event  
 1:30.92 (4)  
 1:29.74 (2)  
 1:28.71(4)/1:29.33-pre

**St. Paul, Kan./St. Paul HS**

Event Event

**HEATHER O'NEIL**

Meet Event

**Sophomore**

Event Event

**Winfield, Kan./ Winfield HS**

Event Event Event

**ABBEY OSHEL**

Meet 800 m  
*Personal Best* 2:19.07-'03  
 1/31 - Jayhawk Inv.  
 2/6 - Mule Relays  
 2/14 - MSSU Open  
 2/27-28 - MIAA Champs 2:20.27(6)/2:21.50-pre

**Senior**

Mile Run 3,000 m  
 5:01.23-'03  
 5:11.64 (2)  
 5:15.58 (2)  
 11:04.71 (12)  
 5:20.58 (7)

**Clay Center, Kan./Clay Center HS**

Event Event Event

**STACY PECK**

Meet Long Jump  
*Personal Best* 16-7.25-'03  
 2/14 - MSSU Open  
 2/20 - CMSU Classic  
 2/27-28 - MIAA Champs 15-00.50 (15)

**Sophomore**

Triple Jump Event  
 35-2.5-'03  
 32-6.25 (9)  
 31-8.50 (12)

**Overland Park, Kan./Blue Valley North HS**

Event Event Event

**JEN ROE**

Meet 60 m H  
*Personal Best*

**Junior**

400 m Event  
 59.21-'02

**Iola, Kan./Iola HS**

Event Event

**STEPHANIE ROHNER**

Meet 3,000 m  
*Personal Best* 11:34.91-'03  
 2/14 - MSSU Open 11:09.79 (14)  
 2/27-28 - MIAA Champs 18:51.45 (6)

**Sophomore**

5,000 m Event  
 19:54.98-'03

**Girard, Kan./Girard HS**

Event Event Event

**JESSICA SHAY**

Meet	60 m	<b>Sophomore</b>	200 m	400 m
<i>Personal Best</i>	8.15-'03			
1/24 - Radio Shack Inv.	8.31 (10-pre)			
1/31 - Jayhawk Inv.	8.26 (17-pre)		28.60 (24)	
2/6 - Mule Relays	8.23 (13-pre)		28.28 (27)	
2/14 - MSSU Open	8.18 (9-pre)		27.26 (12)	1:08.49 (18)
2/20 - CMSU Classic	8.13 (pre)/8.07 (5)			
2/27-28 - MIAA Champs	8.02-semi/8.07-pre			

**Edgerton, Kan./Paola HS**

Event	Event	Event
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**LEAH SHIREMAN**

Meet	60 m H	<b>Junior</b>	60 m	Shot Put
1/24 - Radio Shack Inv.	10.65 (18-pre)			34-2.00 (11)
2/6 - Mule Relays			8.39 (22-pre)	
2/14 - MSSU Open	10.44 (15-pre)		8.44 (25-pre)	ND
2/20 - CMSU Classic				32-5.0 (16)
2/27-28 - MIAA Champs	10.20 (10-pre)			

**Girard, Kan./Johnson County CC**

Long Jump	Event	Event
15-0.50 (20)		
16-4.25 (17)		
14-2.25 (12)		
15-4.00 (14)		

**AMY VANGUNDY**

Meet	600 m	<b>Freshman</b>	800 m	Event
1/31 - Jayhawk Inv.			2:34.23 (12)	
2/6 - Mule Relays			2:31.82 (14)	
2/14 - MSSU Open			2:30.03 (11)	
2/2 - CMSU Classic	1:34.87 (6)			

**Americus, Kan./Northern Heights HS**

Event	Event	Event
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**LINDSAY WATERS**

Meet	Weight Throw	<b>Freshman</b>	Event	Event
1/24 - Radio Shack Inv.	41-11.50 (11)			
2/14 - MSSU Open	40-1.25 (9)			

**Shawnee, Kan./S.M. Northwest HS**

Event	Event	Event
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**TRACI WERNER**

Meet	Shot Put	<b>Freshman</b>	Weight Throw	Event
1/24 - Radio Shack Inv.	40-5.50 (2)		46-1.25 (6)	
1/31 - Jayhawk Inv.	39-6.50 (10)		45-9.00 (13)	
2/6 - Mule Relays	41-4.50 (4)		45-4.50 (7)	
2/14 - MSSU Open	39-6.50 (8)		44-8.75 (6)	
2/20 - CMSU Classic	42-8.0 (1)		50-2.50 (4) *	
2/27-28 - MIAA Champs	41-5.25 (5)		46-00.75 (10)	

**Nevada, Mo./Nevada HS**

Event	Event	Event
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**ANJANAE WILSON**

Meet	Weight Throw	<b>Senior</b>	Shot Put	Event
<i>Personal Best</i>	50-8.25-'03		37-6.5-'03	
1/24 - Radio Shack Inv.	49-5.00 (3)			
1/31 - Jayhawk Inv.	49-3.75 (10)			
2/6 - Mule Relays	47-4.25 (4)			
2/14 - MSSU Open	48-8.25 (4)			
2/20 - CMSU Classic	52-6.0 (2) *			

**Topeka, Kan./Topeka HS**

Event	Event
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**JENNIFER WOOLARD**

Meet	Pole Vault	<b>Senior</b>	High Jump	Event
<i>Personal Best</i>	10-8-'03		5-5.25-'03	
1/24 - Radio Shack Inv.	9-6.50 (8)		4-9.50 (10)	
2/6 - Mule Relays	10-0.5 (7)			
2/14 - MSSU Open	9-8.50 (8)		5-1.00 (8)	
2/20 - CMSU Classic	9-10.75 (10)		5-1.75 (7)	
2/27-28 - MIAA Champs	10-6.25 (7)		5-3.25 (5)	

**Lewis, Kan./Lewis HS**

Event	Event	Event
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## **4X400 Relay**

1/24 - Radio Shack Inv.	4:07 (3)	Castaneda (62.0), Berkley (62.8), Noe (60.2), Kuchenbecker (62.2)
1/31 - Jayhawk Inv.	4:01.8 (5)	Noe (60.2), Castaneda (60.2), Berkley (60.8), Kuchenbecker (60.3)
2/14 - MSSU Open	4:02.11 (3)	Kuchenbecker (59.5), Castaneda (60.7), Berkley (59.7), Noe (62.0)
2/20 - CMSU Classic	4:00.0 (2)	Kuchenbecker (59.5), Castaneda (60.4), Berkley (59.0), Noe (60.9)
2/27-28 - MIAA Champs	4:00.44 (6)	Castaneda, Berkley, Kuchenbecker, Noe

## **4X440 Relay**

2/6 - Mule Relays	4:11.77 (8)	Kuchenbecker (60.6), Berkley (62.2), Castaneda (61.1), A. VanGundy (67.3)
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## **4x880 Yard/800 Meter Relay**

2/27-28 - MIAA Champs	9:34.55 (2)	Marshall, Castaneda, VanGundy, Oshel
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## **Two-Mile Relay**

### **TEAM**

1/24 - Radio Shack Inv. 80 pts. - 4th/12 teams  
1/31 - Jayhawk Inv - No team scores  
2/6 - Mule Relays - No team scores  
2/14 - MSSU Open 82 pts - 2nd/16 teams  
2/20 - CMSU Classic - No team scores  
2/27-28 - MIAA Champs - 99 pts-2nd/8 teams

\* Provisional Qualifying Mark

\*\* Automatic Qualifying Mark

\*\*\* PSU Record