

# Pittsburg State University

## 2003 Women's Outdoor Track and Field Individual Performances

### ABBEY BLOCK

Meet 800 m  
*Personal Best* 2:16.89-'02  
 3/22 - ACU Open  
 3/29 - PSU Invite 2:21.26 (2)  
 4/5 - MSSC Festival 2:18.20 (2)  
 4/12 - ESU D-II Challenge 2:14.55 (4) \*\*\*  
 4/18 - Mule Relays 2:12.74 (1) \*/\*\*\*  
 5/3-4 - MIAA Champs 2:13.17(pre)\*/2:14.24(1)  
 5/9 - ESU Last Chance 2:12.33 (1) \*/\*\*\*

### Junior

1,500 m  
 4:48.09-'02  
 4:57.07 (1)  
 4:47.77 (1)  
 4:35.70 (3) \*  
 4:46.65 (1)

### Clay Center, Kan./Clay Center Community HS

3,000 m Event  
 10:34.6h (1)

### ERIN BRECHUE

Meet Shot Put  
 3/22 - ACU Open 33-9.25 (6)  
 3/29 - PSU Invite 33-8.00 (6)  
 4/5 - MSSC Festival 36-00.25 (5)  
 4/12 - ESU D-II Challenge Foul  
 4/18 - Mule Relays 36-5.00 (2)  
 4/26 - PSU Open 36-2.25 (4)  
 5/3-4 - MIAA Champs 36-2.00 (10)

### Freshman

Discus Hammer  
 107-10 (8) 139-4.00 (3)  
 106-5.00 (6) 131-10.00 (9)  
 106-2.00 (5) 128-7.00 (6)  
 Foul ND  
 105.00 (6) 131-6.50 (6)  
 109-1.00 (4) 134-5.00 (7)  
 108-9.00 (11) 137-2.00 (13)

### Bloomington, Ind./Bloomington North HS

Event Event Event

### LINDSEY CARTER

Meet Long Jump  
 3/29 - PSU Invite  
 4/5 - MSSC Festival  
 4/12 - ESU D-II Challenge  
 4/18 - Mule Relays  
 5/3-4 - MIAA Champs

### Freshman

Triple jump Event  
 33-9.25 (3)  
 35-2.00 (4)  
 Foul  
 34-11.00 (6)  
 34-4.25 (13)

### Altamont, Kan./Labette County HS

Event Event

### JESSICA CASLEY

Meet Pole Vault  
 3/29 - PSU Invite NH  
 4/26 - PSU Open 9-00.25 (9)

### Freshman

Event Event

### Frontenac, Kan./Frontenac HS

Event Event Event

### MEGAN COX

Meet 3,000 m  
 3/29 - PSU Invite  
 4/5 - MSSC Festival  
 4/18 - Mule Relays  
 4/26 - PSU Open 11:48.41 (5)  
 5/3-4 - MIAA Champs 12:21.69 (8)

### Freshman

Steeple 5,000 m  
 19:14.88 (6)  
 12:13.69 (3)  
 12:29.1h (7)

### Maize, Kan./Maize HS

Event Event Event

### LISA DOUGLASS

Meet 100 m  
 3/22 - ACU Open 13.39 (13)  
 3/29 - PSU Invite 13.46 (2)  
 4/5 - MSSC Festival  
 4/12 - ESU D-II Challenge  
 4/18 - Mule Relays  
 4/26 - PSU Open  
 5/3-4 - MIAA Champs  
 5/9 - ESU Last Chance

### Freshman

Pole Vault Long Jump  
 NH 16-10.0 (6)  
 9-10.00 (4) 16-1.50 (4)  
 10-00.00 (5)  
 10-10.00 (10) 17-00.75 (13)  
 11-5.75 (T2) 17-8.75 (4)  
 10-10.00 (4) 16-8.00 (6)  
 11-2.25 (T2) 17-6.00 (9)  
 11-3.00 (6)

### Maize, Kan./Maize HS

Event Event Event

**MARTY GARRISON**

Meet 800 m  
*Personal Best* 2:24.1-'02  
 3/29 - PSU Invite  
 4/5 - MSSC Festival  
 4/18 - Mule Relays  
 5/3-4 - MIAA Champs

**Junior**

1,500 m 3,000 m  
 4:57.13-'02  
 11:16.76 (3)  
 10:59.31 (6)

**Prairie Village, Kan./SM East HS**

5,000 m Event Event  
 19:08.00-'02  
 19:17.19 (7)  
 18:54.84 (4)  
 19:19.16 (11)

**SHILO HADEN**

Meet 200 m  
*Personal Best* 26.95-'01  
 3/22 - ACU Open 26.30 (6)  
 3/29 - PSU Invite 27.51 (5)

**Junior**

400 m Event  
 58.48-'01  
 59.34 (2)  
 1:00.04 (1)

**Frontenac, Kan./Frontenac HS**

Event Event

**SHANNON HAMMES**

Meet Hammer  
*Personal Best* 140-8-'02  
 3/22 - ACU Open 127-1.00 (5)  
 3/29 - PSU Invite 143-3.00 (4)  
 4/5 - MSSC Festival 138-7.00 (4)  
 4/12 - ESU D-II ChallengeND  
 4/18 - Mule Relays 145-6.50 (5)  
 4/26 - PSU Open 142-11.00 (5)  
 5/3-4 - MIAA Champs 148-7.00 (8)

**Junior**

Javelin Event  
 141-0-'01  
 114-5 (6)  
 120-9.00 (3)  
 118-2.00 (2)  
 124-7.00 (8)  
 119-1.50 (1)  
 121-3.00 (2)  
 130-4.00 (3)

**Seneca, Kan./Nemaha Valley HS**

Event Event

**KYLE HUTSEY**

Meet 1,500 m  
*Personal Best* 5:02.34-'02  
 3/22 - ACU Open  
 3/29 - PSU Invite  
 4/5 - MSSC Festival  
 4/12 - ESU D-II Challenge  
 4/18 - Mule Relays  
 4/26 - PSU Open  
 5/3-4 - MIAA Champs  
 5/9 - ESU Last Chance

**Junior**

3,000 m 5,000 m  
 10:49.11-'02 19:43.00-'02  
 11:05.2h (5)  
 18:43.62 (3)  
 10:44.25 (3)  
 10:59.57 (1)  
 11:47.72 (4) 19:02.51 (7)

**Pittsburg, Kan./Frontenac HS**

Steeple 10,000 m Event  
 12:08.70-'02 40:14.83-'02  
 11:58.51 (2)  
 11:55.30 (4)  
 11:43.25 (4)

**KRISTIE JULIAN**

Meet Pole Vault  
 3/22 - ACU Open NH  
 3/29 - PSU Invite 10-4.00 (3)  
 4/5 - MSSC Festival 10-6.00 (3)  
 4/12 - ESU D-II ChallengeNH  
 4/18 - Mule Relays 9-6.25 (7)  
 4/26 - PSU Open 10-4.00 (6)  
 5/3-4 - MIAA Champs 9-8.50 (T6)

**Freshman**

Triple Jump Event

**Pittsburg, Kan./Pittsburg HS**

Event Event Event

**ANNA KESTERSON**

Meet 100 m  
*Personal Best* 12.44-'02  
 3/22 - ACU Open 12.88 (9)  
 3/29 - PSU Invite  
 4/5 - MSSC Festival  
 4/12 - ESU D-II Challenge12.94 (23-pre)  
 5/3-4 - MIAA Champs 12.87 (15)

**Sophomore**

200 m Event  
 26.45-'02  
 27.14 (3)  
 26.29 (2)

**Wichita, Kan./Wichita South HS**

Event

**JENNIFER KUCHENBECKER**

Meet 100 m  
 3/22 - ACU Open 12.51 (6)  
 4/12 - ESU D-II Challenge  
 4/18 - Mule Relays  
 4/26 - PSU Open  
 5/3-4 - MIAA Champs  
 5/9 - ESU Last Chance

**Sophomore**

200 m 400 m  
 26.41 (3) 57.60 (1)  
 25.83 (11) 57.87(pre)/59.21(5)  
 59.75 (10)

**Arkansas City, Kan./Johnson County CC**

Event Event Event

**CHELSEY LEONARD**

Meet Long Jump  
 3/22 - ACU Open 17-6.25 (5)  
 3/29 - PSU Invite 17-2.25 (1)  
 4/5 - MSSC Festival 18-1.75 (1)  
 4/12 - ESU D-II Challenge 18-1.00 (5)  
 4/18 - Mule Relays 19-2.00 (2) \*  
 4/26 - PSU Open 18-3.75 (3)  
 5/3-4 - MIAA Champs 18-10.00 (3)  
 5/9 - ESU Last Chance 18-6.50 (5)

**Freshman**

Triple Jump 100 m H  
 37-6.50 (5) 15.93 (3)  
 37-11.25 (2) 15.28 (2)  
 37-3.00 (2) 15.69 (2) 26.83 (4)  
 37-6.75 (5) 15.67 (12-pre)  
 15.13 (5-pre) 27.88 (10)  
 15.26 (2) 27.41 (6)  
 14.92(pre)/14.77(4)

**Miami, Okla./Miami HS**

200 m Event Event Event

**MARGARET MOHR**

Meet 1,500 m  
*Personal Best* 5:13.48-'00  
 3/22 - ACU Open  
 3/29 - PSU Invite  
 4/5 - MSSC Festival  
 4/12 - ESU D-II Challenge  
 4/17 - KU Relays  
 4/18 - Mule Relays  
 4/26 - PSU Open 4:53.82 (4)  
 5/3-4 - MIAA Champs  
 5/9 - ESU Last Chance

**Junior**

3,000 m 5,000 m  
 10:31.90-'02 18:36.00-'02  
 10:43.2h (4)  
 18:19.87 (2)  
 10:50.82 (1)  
 18:45.31 (2)  
 18:23.30 (8)  
 10:42.63 (2)  
 10:38.74 (5) 18:41.96 (5)  
 10:44.83 (4)

**Wichita, Kan./Bishop Carroll HS**

Event Event Event

**JENNIE NEMETH**

Meet Pole Vault  
*Personal Best* 11-1.75-'02  
 3/29 - PSU Invite 11-3.75 (1) \*  
 4/5 - MSSC Festival 12-00.50 (1) \*/\*\*\*  
 4/12 - ESU D-II Challenge 11-9.75 (4) \*  
 4/18 - Mule Relays 11-5.75 (1) \*  
 4/26 - PSU Open 11-5.75 (2) \*  
 5/3-4 - MIAA Champs 11-2.25 (T2)  
 5/9 - ESU Last Chance 11-3.00 (7)

**Sophomore**

Event Event

**Shawnee, Kan./Emporia State Univ.**

Event Event Event

**MEGAN NOONAN**

Meet 3,000 m  
*Personal Best*  
 3/22 - ACU Open 10:36.6h (2)  
 3/29 - PSU Invite  
 4/12 - ESU D-II Challenge  
 4/18 - Mule Relays  
 5/3-4 - MIAA Champs

**Sophomore**

5,000 m 10,000 m  
 19:25.16-'02 39:43.54-'02  
 17:56.43 (1)  
 18:11.51 (1)  
 37:05.85 (1) \*  
 18:31.96 (4) 38:26.36 (2)

**Baldwin City, Kan./Baldwin HS**

Event Event Event

**HEATHER O'NEIL**

Meet 200 m  
 3/22 - ACU Open 27.68 (11)  
 3/29 - PSU Invite  
 4/5 - MSSC Festival 27.70 (6)  
 4/12 - ESU D-II Challenge 28.57 (36)  
 4/18 - Mule Relays 28.64 (13)  
 4/26 - PSU Open 28.35 (7)

**Freshman**

400 m Event  
 1:04.48 (5)  
 1:03.90  
 1:04.07 (4)  
 1:04.37 (21)  
 1:04.34 (10)  
 1:03.39 (4)

**Winfield, Kan./Winfield HS**

Event Event

**STACY PECK**

Meet 100 m H  
 3/28-29 - CMSU VK Hep 17.55  
 4/5 - MSSC Festival 17.27 (4)  
 4/12 - ESU D-II Challenge 17.53 (20)  
 4/18 - Mule Relays 17.55 (10-pre)  
 4/27-28-MIAA Hep Champs 16.52  
 Meet Javelin  
 3/28-29 - CMSU VK Hep 112-9  
 4/5 - MSSC Festival  
 4/27-28-MIAA Hep Champs 98-4.00

**Freshman**

200 m 800 m  
 28.46 3:09.20  
 27.48 (5)  
 27.60 (31)  
 28.33 (11)  
 27.80 2:52.00  
 Shot Put Heptathlon  
 29-3.25 3,510 pts.  
 31-4.00 (7)  
 29-3.25 3,696 pts. (7)

**Overland Park, Kan./Blue Valley North HS**

High Jump Long Jump  
 4-7.50 16-4.25  
 Foul  
 16-2.00 (9)  
 4-6.00 16-1.75

**KRISTEN RILEY**

Meet 100 m H  
 3/22 - ACU Open 16.82 (6)  
 3/29 - PSU Invite 17.24 (4)  
 4/5 - MSSC Festival 17.46 (5)  
 4/12 - ESU D-II Challenge 17.84 (23-pre)  
 4/18 - Mule Relays 17.94 (11-pre)  
 4/26 - PSU Open 17.16 (5)  
 5/3-4 - MIAA Champs 16.83 (13)

**Freshman**

400 m H Event  
 1:09.35 (2)  
 1:10.54 (4)  
 1:12.05 (20)  
 1:13.74 (14)  
 1:10.89 (5)  
 1:09.73 (14)

**Welch, Okla./Welch HS**

Event Event

**JEN ROE**

Meet 100 m  
*Personal Best*  
 3/22 - ACU Open 13.84 (15)  
 3/29 - PSU Invite  
 4/5 - MSSC Festival  
 4/12 - ESU D-II Challenge 13.53 (31-pre)  
 4/18 - Mule Relays 13.89 (7-pre)  
 4/26 - PSU Open  
 5/3-4 - MIAA Champs

**Junior**

400 m 400 m H  
 1:00.47-'01 1:02.72-'01  
 1:10.50 (3) 1:10.63 (3)  
 1:08.45 (2)  
 1:09.43 (17) 1:08.11 (6)  
 1:12.46 (6)  
 1:09.43 (12)

**Iola, Kan./Iola HS**

Event Event Event

**STEPHANIE ROHNER**

Meet 3,000 m  
 4/5 - MSSC Festival  
 4/12 - ESU D-II Challenge 11:34.23 (20)  
 4/18 - Mule Relays  
 5/3-4 - MIAA Champs

**Freshman**

5,000 m 10,000 m  
 19:30.34 (2)  
 19:16.95 (7)  
 19:38.14 (13) 40:56.43 (9)

**Girard, Kan./Girard HS**

Event Event Event

**JESSICA SHAY**

Meet 100 m  
 3/29 - PSU Invite  
 4/5 - MSSC Festival  
 4/12 - ESU D-II Challenge  
 4/18 - Mule Relays 12.90(pre)/12.59(1)  
 4/26 - PSU Open 12.81 (5)  
 5/3-4 - MIAA Champs 12.57(pre)/12.79(8)

**Freshman**

200 m Long Jump  
 26.85 (2) 16-7.25 (3)  
 25.78 (1)  
 27.25 (29)  
 26.11 (13) 17-00.00 (12)

**Edgerton, Kan./Paola HS**

Event Event Event

**LEAH SHIREMAN**

Meet	Javelin
3/22 - ACU Open	143-0 (2) *
3/29 - PSU Invite	144-0 (2) *
4/5 - MSSC Festival	
4/12 - ESU D-II Challenge	143-9.00 (3) *
4/25 - Drake Relays	151-6.00 (5) *
4/26 - PSU Open	
5/3-4 - MIAA Champs	143-6.00 (2) *
5/9 - ESU Last Chance	140-11.00 (4) *

**Sophomore**

Hammer	Event
131-5.00 (4)	
132-1.00 (8)	
121-3.00 (7)	
Foul	
	143-0.00 (4)
	139-1.00 (11)

**Girard, Kan./Johnson County CC**

Event	Event	Event
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**MEGAN SNYDER**

Meet	Shot Put
<i>Personal Best</i>	44-4.25-'02
3/22 - ACU Open	42-1.25 (1)
3/29 - PSU Invite	41-4.50 (1)
4/5 - MSSC Festival	42-9.50 (2)
4/12 - ESU D-II Challenge	43-8.50 (3)
4/18 - KU Relays	44-00.50 (11) *
4/25 - Drake Relays	
4/26 - PSU Open	42-10.75 (1)
5/3-4 - MIAA Champs	44-4.00 (3) *
5/9 - ESU Last Chance	43-6.00 (9)

**Senior**

Discus	Hammer
147-4-'02	145-6.00-'02
137-11 (2)	142-1.00 (2)
128-11.00 (1)	158-2.00 (1) *
130-10.0 (2)	156-9.00 (3) *
123-7.00 (11)	143-11.00 (10)
	155-2.00 (10) *
ND	
129-7.0 (2)	144-00.00
128-5.0 (5)	155-6.00 (4) *
	152-3.00 (12)

**Iola, Kan./Iola HS**

Event	Event
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**AMBER TRULLINGER**

Meet	100 m H
<i>Personal Best</i>	15.99-'01
3/22 - ACU Open	DNF
3/28-29 - CMSU VK Hep	18.2
4/12 - ESU D-II Challenge	17.63 (21-pre)
4/18 - Mule Relays	16.75 (8-pre)
4/27-28-MIAA Hep Champs	16.70

**Junior**

200 m	800 m
26.74-'01	2:33.67-'01
28.14	2:51.70
27.70 (32)	
27.76 (9)	
27.26	2:44.20

**Shawnee, Kan./SM Northwest HS**

High Jump	Long Jump
5-00.50-'01	16-2.50-'01
4-8.25 (6)	
4-7.5	15-2.25
NH	
4-11.0 (8)	
4-10.75	15-7.50

Meet	Javelin
<i>Personal Best</i>	99-6.50-'02
3/22 - ACU Open	80-1 (9)
3/28-29 - CMSU VK Hep	83-4.00
4/27-28-MIAA Hep Champs	93-3.75

Shot Put	Heptathlon
31-8.25-'02	4,109 pts.-'01
29-9.5	3,377 pts.
30-0.5	3,874 pts. (6)

**CARISSA VanGUNDY**

Meet	800 m
<i>Personal Best</i>	2:18.82-'01
3/22 - ACU Open	2:22.03 (2)
4/5 - MSSC Festival	2:20.61 (4)
4/12 - ESU D-II Challenge	
4/18 - Mule Relays	2:23.33 (8)
4/26 - PSU Open	
5/3-4 - MIAA Champs	
5/9 - ESU Last Chance	

**Junior**

1,500 m	3,000 m
4:39.36-'01	
4:52.78 (1)	
4:50.22 (2)	
4:47.54 (7)	10:35.89 (8)
	10:30.78 (1)
4:45.22 (2)	
4:54.64 (4)	10:21.95 (3)
4:41.36 (2)	

**Americus, Kan./Northern Heights HS**

Event	Event
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**ANJANAE WILSON**

Meet	Javelin
<i>Personal Best</i>	146-2-'02
3/22 - ACU Open	143-8 (1) *
3/29 - PSU Invite	145-4.00 (1) *
4/5 - MSSC Festival	
4/12 - ESU D-II Challenge	150-00.00 (2) *
4/18 - KU Relays	138-9.00 (9) *
4/25 - Drake Relays	136-8.00 (10) *
4/26 - PSU Open	
5/3-4 - MIAA Champs	145-4.00 (1) *
5/9 - ESU Last Chance	134-2.00 (8) *

**Junior**

Hammer	Event
150-9-'02	
157-2.00 (1) *	
156-9.00 (2) *	
158-11.00 (2) *	
160-3.00 (2) *	
158-10 (7) *	
	160-6.00 (2) *
	163-4.00 (2) *
	153-1.00 (11)

**Topeka, Kan./Topeka HS**

Event	Event
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**JENNIFER WOOLARD**

Meet Pole Vault  
*Personal Best* 10-8-'01

**Unattached**

High Jump Event  
 5-6.5-'01

**Lewis, Kan./Lewis HS**

Event Event Event

**4X100 Relay**

3/22 - ACU Open 48.75 (4)  
 3/29 - PSU Invite DNF  
 4/5 - MSSC Festival 49.18 (1)  
 4/18 - Mule Relays 48.9h (2)  
 4/26 - PSU Open 48.89 (1)  
 5/3-4 - MIAA Champs 48.91 (5)  
 5/9 - ESU Last Chance 48.74 (3)

**4X400 Relay**

3/22 - ACU Open 4:04.35 (2) Riley (63.9), Hayden (60.2), O'Neil (62.1), Kuchenbecker (59.7)  
 3/29 - PSU Invite 4:15.72 (2) - A Roe (64.0), Julian (67.8), Block (61.4), O'Neil (62.3)  
 4:19.15 (3) - B Riley (64.7), Douglass (67.3), Shay (66.1), Haden (60.9)  
 4/5 - MSSC Festival 4:12.38 (2) Roe (62.8), O'Neil (62.4), Shay (63.2), Kesterson (63.7)  
 4/12 - ESU D-II Challenge 4:06.00 (12) Roe (63.0), O'Neil (62.6), Block (59.9), Kuchenbecker (60.3)  
 4/18 - Mule Relays 4:07.09 (5)  
 5/3-4 - MIAA Champs 4:02.83 (5) Kuchenbecker (60.6), Roe (59.9), O'Neil (62.3), Block (59.6)

**4x880 Yard/800 Meter Relay****Two-Mile Relay****TEAM**

3/22 - ACU Open no team scores  
 3/29 - PSU Invite 225 pts. - 1st/6 teams  
 4/5 - MSSC Festival 220 pts. - 1st/3 teams  
 4/12 - ESU D-II Challenge 78 pts. - 3rd/19 teams  
 5/3-4 - MIAA Champs 128.3 pts - 2nd/8 teams

\* Provisional Qualifying Mark

\*\* Automatic Qualifying Mark

\*\*\* PSU Record