

July 13, 2010

Dear Parent/Guardian:

We want to provide your student/athlete with the best health-care we possibly can. You can help us by providing information about their health and insurance coverage.

Primary Insurance

All athletes must show proof of insurance before they will be allowed to practice. We require all student/athletes to have a primary insurance policy that covers intercollegiate athletic injuries. **You are responsible for any primary insurance plan deductibles.** If your primary insurance plan is a major medical policy, with a high deductible, or you do not have a primary insurance plan, you may want to consider purchasing the NCAA Primary Plan. The NCAA primary insurance plan has a \$0.00 deductible and up to \$5000 of coverage for athletic related injury. This coverage is available to every athlete for \$485 for the school year, and is provided through the NCAA by Mutual of Omaha. If you would like more information regarding this insurance or if you have any other primary insurance questions, please feel free to call me, Phil Carr, at (620)249-4401.

HMO Primary Provider

If your family insurance is an HMO, or you need to see a primary care physician before seeing a specialist, we recommend that you have your student/athlete transfer their care to a primary care physician in the Pittsburg, KS area. This is not required but it can help us expedite care in the event your student/athlete needs to see a doctor for an athletic related injury. There is nothing more uncomfortable for me, than to tell an athlete they have to go home for care, because their insurance requires them to see their physician first. If you transfer care to a local physician, please, make sure you transfer care ONLY for the athlete and not the whole family.

Stimulant Medication for Treatment of ADD/ADHD

Student/athletes who have been diagnosed with ADHD or ADD, and are on prescription stimulant medication are required, by the NCAA, to provide documentation, to the Athletic Trainer, demonstrating evidence of comprehensive clinical evaluation. If your student/athlete is using stimulant medication for control or treatment of ADD or ADHD please see the accompanying document to determine what information is required by the NCAA.

Sickle Cell Trait Testing

All student/athletes must show proof of prior testing for Sickle Cell Trait or sign a waiver releasing PSU and its' employees of liability if they decline to be tested. Sickle Cell Trait testing can be done at the Bryant Student Health Center for a fee of \$20.00.

Should you have any questions regarding these or other issues please feel free to give me a call or drop me a line. My contact information is (620)249-4401 or pcarr@pittstate.edu.

Respectfully Yours,

Phil Carr, ATC, LAT
Athletic Trainer
Pittsburg State University